

University School Lunch Program

Frequently Asked Questions

1. What hot and cold lunch options are available?

All students will be able to choose from a variety of high quality, nutritious foods including new, delicious hot entrées (vegetarian options are always available), an assortment of deli sandwiches, Papa John's pizza, tasty soups that will be made fresh daily, a continually replenished salad bar, fresh fruit, and other specialty desserts. In addition, Middle and Upper School students will have access to a Panini Press and Grill Station where they will be able to build their own items such as garden burgers, chicken tenders, Cuban sandwiches, and more!

2. What drink options are available?

Drink options for all students will include 100% fruit juices, water, flavored waters, milk, as well as other non-carbonated drinks.

3. Can students help themselves to additional items after their initial serving?

Yes

4. Will my child need an extended lunch period due to long lines?

We do not anticipate long lines as the food service areas in each of our buildings will be modified and enlarged this summer to make more room for our students and kitchen staff. In addition, we will be increasing the number of kitchen staff, enabling us to provide quicker and more efficient service for our students.

5. Will breakfast still be available?

Yes, breakfast can be purchased from our Middle and Upper School dining facilities for an additional fee.

6. What if my child doesn't like the lunch options that are available? Can I get a refund for this portion of my tuition?

Tuition will not be reimbursed for children who choose not to eat school lunch. However, there will be many new lunch options available and we are confident that every child will find something healthy and enjoyable to eat in our dining facilities.

7. Can students select items a la carte?

Our new dining options allow for greater flexibility for our students. Students will be able to take fruit, dessert, drinks, or any combination of items from our dining facility to supplement a packed lunch.

8. How will you monitor my child's food portions and/or choices?

Our kitchen staff will be available at each dining station to assist our students in making selections and taking age-appropriate portions. However, helping students make healthy choices at school and home is a team effort. We expect all University School parents to educate their children about the benefits of eating healthy and we will continue to encourage our students to try nutritious options.

9. How will you monitor my child's dietary restrictions and/or allergies?

Our school nurses and teachers are very careful and take every precaution to ensure that our students make appropriate food and/or drink selections. Please make sure that all of your child's allergies and/or dietary restrictions are listed on the Emergency Consent form that you filled out in the beginning of the school year. If you wish to add additional information to this form, please [click here](#). Please also educate your child about his/her food and/or drink allergies. We will continue to be a peanut-free kitchen in the Lower School.