

Athletic Teams

Sport	Season	Type	Varsity	Jr. Varsity	Middle School	Grade 6
Cheerleading, Girls	Fall	FHSAA	•	•	•	•
Cross Country, Boys	Fall	FHSAA	•		•	
Cross Country, Girls	Fall	FHSAA	•		•	
Football, Boys	Fall	FHSAA	•	•	•	•
Golf, Boys	Fall	FHSAA	•	•		
Golf, Girls	Fall	FHSAA	•			
Swimming/Diving, Boys	Fall	FHSAA	•		• (Spring)	
Swimming/Diving, Girls	Fall	FHSAA	•		• (Spring)	
Volleyball, Girls	Fall	FHSAA	•	•	•	
Basketball, Boys	Winter	FHSAA	•	•	•	•
Basketball, Girls	Winter	FHSAA	•		•	
Cheerleading, Girls	Winter	FHSAA	•		•	•
Soccer, Boys	Winter	FHSAA	•	•	•	
Soccer, Girls	Winter	FHSAA	•	•	•	
Baseball, Boys	Spring	FHSAA	•	•	•	
Lacrosse, Boys	Spring	FHSAA	•	•	•	
Lacrosse, Girls	Spring	FHSAA	•	•	•	
Rowing, Boys	Spring	CLUB	•			
Rowing, Girls	Spring	CLUB	•			
Softball, Girls	Spring	FHSAA	•			
Tennis, Boys	Spring	FHSAA	•		• (Fall)	
Tennis, Girls	Spring	FHSAA	•		• (Fall)	
Track and Field, Boys	Spring	FHSAA	•		•	
Track and Field, Girls	Spring	FHSAA	•		•	

NSU University School fields 24 varsity teams in 15 different sports and involves 698 student-athletes.

